



March 2026 Highlight

The Vernal Equinox – March 20th

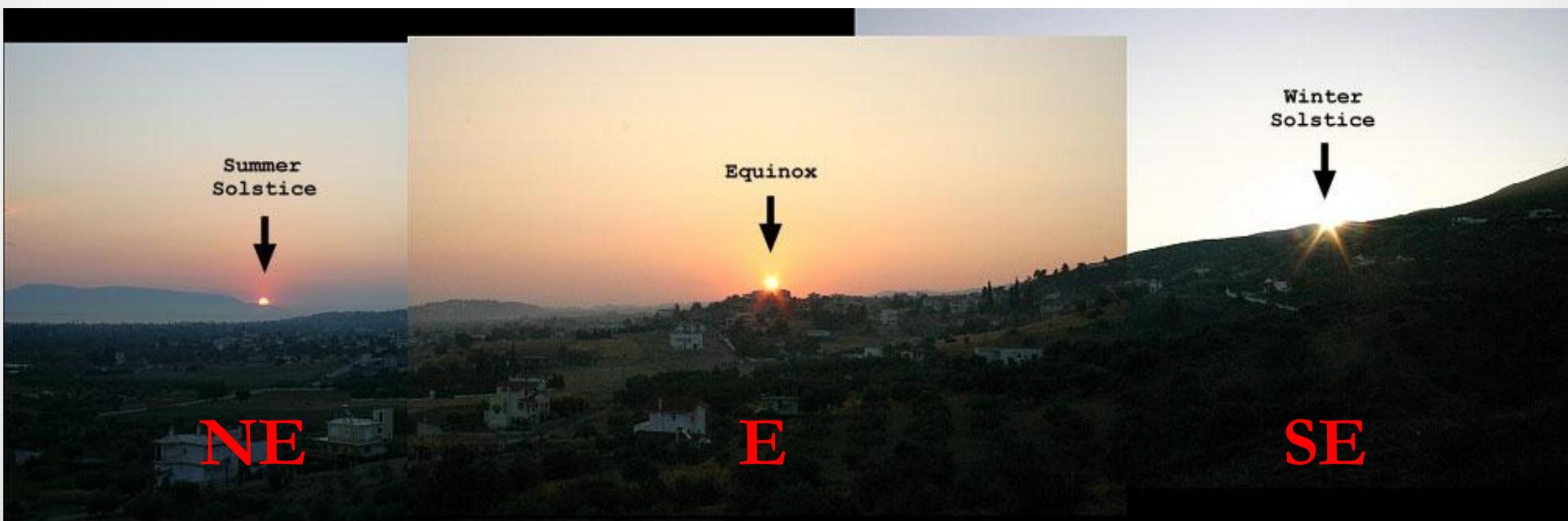
- ★ On **Friday, March 20th**, at 10:46 a.m. EDT, the Sun begins its journey north of the celestial equator, bringing spring to the northern hemisphere and autumn to the southern hemisphere. This event is called the **“vernal”** equinox in the northern hemisphere, when many plants are beginning to **“green”**.
- ★ On this day, all places on Earth experience nearly equal amounts of daylight and darkness – about 12 hours of each. **“Equinox”** literally means **“equal night”**.
- ★ For all places on Earth at the equinox, the Sun rises due east and sets due west.



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Montage of Summer Solstice, Equinox and Winter Solstice sunrises from a small Greek town showing the seasonal motion of the Sun.



**Note: only on the Equinoxes does the Sun
rise due East and set due West!**