

March 2026 Highlight

Daylight Saving Time Begins March 8th

On Sunday, March 8th, at 2:00 a.m., Daylight Saving Time begins. Set your clock time forward by one hour.

Although it is called Daylight Saving Time, no daylight, time, or energy is saved! It should more appropriately be called daylight “shifting” time, as solar noon is no longer near correlation with our manipulated timepieces!

During the months of DST, in the Asheville area, “high solar noon” occurs well after 1:00 p.m. local clock time.



When told the reason for daylight savings time the Old Indian said, "Only the government would believe that you could cut a foot off the top of a blanket, sew it to the bottom, and have a longer blanket."