## The "Planets" and the Days of the Week

The names of the days of the week originate from a mix of Roman gods, their Anglo-Saxon adaptations, and astronomical objects.

The names date back over 2,000 years ago when the geocentric (earth-centered) theory of the universe dominated early astronomy teachings. There were only 7 objects in the sky that routinely wandered - that is changed their apparent positions as they "moved around Earth". Those seven objects were called "planets". The Greek word "planet" literally means "wanderer".

There were 7 "planets" recognized at that time: Sun, Moon, Mars, Mercury, Jupiter, Venus, and Saturn. Those 7 wanderers, crossing the Earth's sky, became our days of the week that we still use today.


| Day | "Planet" | Other Language Origin |
| :---: | :---: | :--- |
| Sunday | Sun |  |
| Monday | Moon |  |
| Tuesday | Mars | Mardi from the French |
| Wednesday | Mercury | Mercredi from the French |
| Thursday | Jupiter | Thor from the Norse |
| Friday | Venus | Vendredi from the French |
| Saturday | Saturn |  |

With the emergence and acceptance of the heliocentric (sun-centered) theory, more than 1,500 years later, the definition of a planet in our solar system has changed and evolved to include Earth, Uranus (1781), and Neptune (1846), while the Sun and the Moon have left the group of "wanderers".

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## Current Definition of a Planet

The most recent definition of a planet was adopted by the International Astronomical Union (IAU) in 2006. It says a planet must do three things:

1. It must orbit a star (in our cosmic neighborhood, the Sun).
2. It must be large enough to have enough gravity to force it into a spherical shape.
3. It must be large enough that its gravity cleared away any other objects of a similar size near its orbit around the star.

Using the above definition, there are 8 planets in our solar system: Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, and Neptune (in order from the Sun).


Not to scale in size or distance

