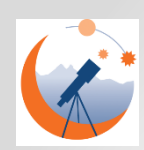


March 2019 Highlight

Daylight Saving Time Begins March 10th

- ★ On Sunday, **March 10th**, at 2:00 a.m., **Daylight Saving Time** begins. Set your clock time forward by one hour.
- ★ Although it is called Daylight Saving Time, no daylight, time or energy is saved!
- ★ It should more appropriately be called daylight “shifting” time, as solar noon is no longer near correlation with our manipulated timepieces!
- ★ As a result, in the Asheville area, “high noon” occurs well after 1:00 p.m. local clock time during DST.



March 2019 Highlight

Daylight Saving Time Begins on Sunday – March 10th at 2:00 a.m.

★ The artificiality of Daylight Saving Time makes no sense, as no energy, daylight or time is saved by this ridiculous idea!

